

Draw a Picture

Draw a picture and send it to someone you care about...your Grandparents, your teacher, your neighbor. Ask your parents to help you mail it.

Send a Card to a Shut In

Lots of older people live in retirement homes and they can't have visitors right now. Make some cards and send them to one of our nursing homes!

Call or Text Someone

Are you missing your friends? Call them! Maybe even facetime with them! I bet they're missing you, too!

Read a book to someone

Read to your little brother or sister (or ask your older siblings to read to you!)

Facetime with your Grandma!

Use facetime, google hangouts, ZOOM or some other video chat format to call your grandparents. I promise, they will LOVE hearing from you

Sing a Song

Sing loud and joyfully! (John Wesley said back in the 1700s that we should sing lustily and with good courage, and not as if we were half asleep!)

Put on a talent show

Have a family talent show, where everyone participates! Sing a song, put on a play, read a poem, dance, play an instrument, draw a picture....use your imagination! Record it so you can watch it later!

Do a Chore for someone

Don't tell them...just do it!

Feed the Birds

You can make a birdfeeder by spreading peanut butter or shortening onto a piece of bread, then sprinkling seeds on it.

Leave a card for the mailman

Write a thank you note to the mailman and leave it in your mailbox

Go on a nature walk

Pick up leaves, sticks, flowers, rocks. Bring them back inside and make something out of them!

Wash the car

If it's warm outside, have some fun playing in the water while you wash the car.

Plant Something

Start some flower or vegetable seeds inside. When the weather warms up, you'll be ready to plant your garden!

Blow some Bubbles!

You can make bubble solution by mixing 2 cups of warm water, $\frac{1}{3}$ cup of dish soap (Dawn works well), and $\frac{1}{4}$ cup of corn syrup. Try blowing thru an old thread spool, a cookie cutter, the top of a salt shaker, a wire mesh strainer...use your imagination!

Say a kind word to someone

Say something nice to someone in your family. Or call someone just to tell them something you like about them.

Clean out your toys/clothes

Gather up clothes and toys you've outgrown. When it's safe to go out again, donate them to Goodwill or some other charity.

Write Chalk Messages on the sidewalk

If you live where there are sidewalks, draw pictures and write encouraging messages for your neighbors to read.

Bake Cookies

Maybe you could take some and drop them off at the firestation to thank our emergency workers.

Make your bed

Or, better yet....make someone else's bed!

Say Please and Thank You!

Use a smile and polite words all day!

Say “I love you”

Tell someone that you love them! You'll both end up smiling!

Clean your dishes

When you have a snack, clean up after yourself! (Even a toddler can carry a cup or bowl to the sink)

Set the table for dinner

Make some table decorations to really make it special...name card, flowers, napkin rings...use your imagination!

Play with your pet

If you have a cat or dog, play with them! Go for a walk, play fetch, play with a laser pointer, etc. Pets get bored, too, you know.

Plan a game night

Look through your collection of games and pick one or two that the whole family can play together.

Leave notes around the house

Draw picture or write notes and leave around the house for your family...on the mirror, on their pillow, by the coffee pot, etc

Make a “10 good things” list

Make a list of ten things you like about each member of your family. Or have everyone pick someone to write about...then share the lists!

Plan family movie night

Pick a movie everyone can watch. Plan and make some special snacks. Make sure everyone puts their phones away so you're really watching the movie together!

Give a shoulder massage

We're all a little tense right now...take turns giving each other shoulder massages or back scratches!

Learn Something New

Find a website that teaches you how to draw, or cook, or do a science experiment. Have fun trying it!